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Inter-professional student-run primary CARE clinics...

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<https://www.icare2021zin.com/wp4-study-programs>

An outcome of the Work package 4 Training/Course Specification

Basic Course Information			
Course Title	:	BM2-BM3: Primary Care & Family Medicine Approach to Medical Nutrition Therapy (PC&FM Approach to MNT)	
Credit hours	:	Level A is13 Hrs Contact/teaching Hours & Level B 10 Hrs	
Course Coordinator	:	A. Prof Doaa Genena	
Course Instructors	:	A.Prof. Doaa Genena Prof. Carlo Pesce	Prof Medhat Elaraby Dr Nourhan Abdelrehim Prof. Livia Pisciotta
Dean of the Program	:	Prof. Mosad Zineldin	
Course Aim & Description			
Recent studies show that the development of Primary care physicians (PCP) competences, capability, motivation and opportunity to provide nutrition care is crucial and it should begin in undergraduate medical training, and continue into PCP training. A nutrition care should be consider as an integral component of disease prevention and management in contemporary medical practice. As one outcome of the ICARE project, WP4 Leads by Linnaeus University (LNU) in cooperation with the medical schools at the project partner universities are developing a study program for senior medical students as well as for staff capacity building in PC& FM. One of the program modules is this PC&FM Approach to MNT. This training/course aims to strengthen family medicine and primary health care physicians’ education in delivering medical nutrition therapy to their patients. Participants are introduced to the skills required to plan and implement medical nutrition therapy for selected medical conditions. The target group are Senior Medical students, MDs who are working in PC&FM or have interest in it as well as relevant health allied students and professionals. The instructors are from UNIGE, Alexandria and Assiut Universities and LNU Sweden. The massive public health and economic burdens attributed to unhealthy diet behaviors have triggered national calls to increase the delivery of diet counseling in outpatients with chronic diseases as an evidence-based strategy. However, despite evidence that physicians are willing to undertake this task and are viewed as credible sources of diet information, they engage patients in diet counseling at less than desirable rates and cite insufficient nutrition knowledge and training as barriers to carrying out this role. Current needs and approaches for strengthening medical nutrition education and training are now compelling and urgent.			
			

BM2: Basic Primary Care & Family Medicine Approach to Medical Nutrition Therapy

Dr. Mosad Zineldin is inviting you to a scheduled **Zoom meeting**. Time: Oct 22, 2023 01:00 -05.30 PM Stockholm

<https://lnu-se.zoom.us/j/68949629480?pwd=c1NHZ1hkVlV1ZTFMSHlmNHA1LzczZz09>

Date	Time	Topic	Lecturer/Trainer
Sunday 22/10/23	13.00- 13.30	Welcome and Course over view	Dr. Mosad Z. , Dr. Doaa G. & Dr. Carlo P.
	13.30 -15.30	Lecture 1: Introductory Lecture on The History of Nutrition	Prof. Carlo Pesce Prof. of Pathology School of Medicine, University of Genoa (UNIGE)-Italy
	15.30 -17.30	Lecture 2: Macronutrients & Micronutrients, their recommended intake ranges, and dietary sources– Calorie requirements and energy balance.	Asso. Prof Doaa Genena Medical Research Institute Alexandria University
Saturday 28/10/23	14.00 –16.00	Lecture 3 xxxxxxxxxxxx To be decided later Chair of Nutrition program at school of Medicine University of Genoa (UNIGE) & Head of the Clinical Nutrition Dep.at San Martino hospital	Prof. Livia Pisciotta Internal Medicine School of Medicine UNIGE- Italy
	16.00-18.00	Lecture 4: Diet assessment tools and behavior change theories as applied to diet.	Asso. Prof Doaa Genena
Saturday 4/11/23	14.00 -16.00	Lecture 5 Medical nutrition therapy (MNT) for Type 1 DM	Prof Medhat Elaraby Professor of Clinical Nutrition Assiut University
	16.00- 18.00	Lecture 6 MNT for Type 2 DM	

BM 3: Advanced Primary Care & Family Medicine Approach to Medical Nutrition Therapy

Saturday 11/11/23	14.00 -16.00	Lecture 7 MNT for Metabolic syndrome	Asso. Prof Doaa Genena
	16.00- 18.00	Lecture 8 Evidence-based behavior modification techniques.	
Saturday 18/11/23	14.00 –16.00	Lecture 9 Inflammatory Bowel Diseases	Prof Medhat Elaraby
	16.00-17.00	Lecture 10 Postpartum nutrition and breastfeeding	Dr Nourhan Abdelrehim
Sunday 19/11/23	14.00 –15.00	Cont. Lecture 10 Postpartum nutrition and breastfeeding	
	15.00-17.00	Lecture 11 	Prof. Livia Pisciotta
21/11	17.00 – 18.15	QUIZ to pass the course you need to attend at least 70% of the sessions & get 60% of the quiz	Prof. Mosad Zineldin

Good LUCK/Prof. Mo Zin