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*School of Medicine at Genoa University's Filed visit report*

by **Beirut Arab University**

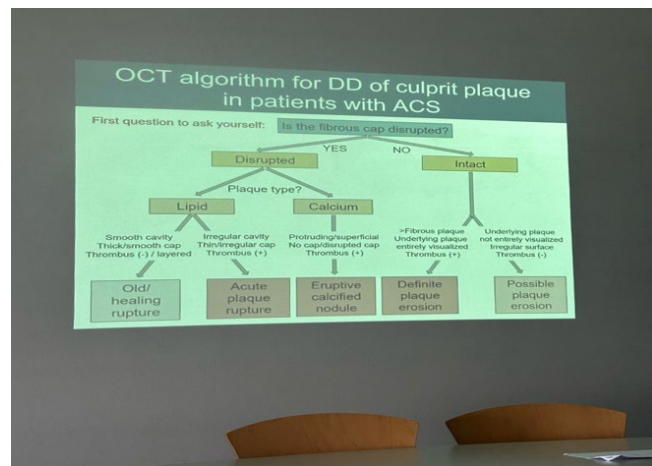
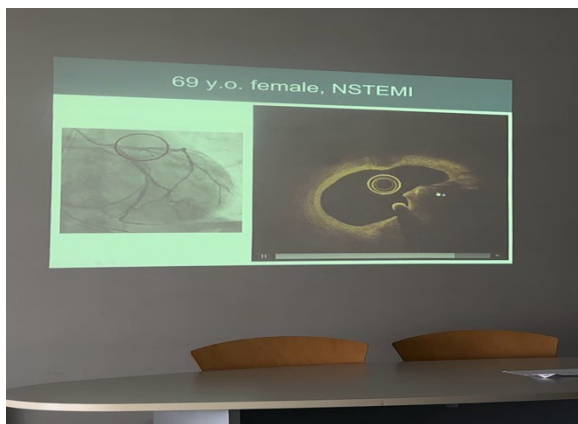
*Embracing Excellence:  
A Transformative Experience at a Hospital Workshop in Genoa, Italy  
24-28 June 2024*



Embarking on a three-day workshop in San Martini Hospital in Genoa, Italy, proved to be a pivotal moment in my journey as a medical professional. This immersive experience offered me a unique insight into a new healthcare system, broadening

my understanding and enriching my expertise in the field of medicine, and cardiology in specific.

The workshop featured enlightening lectures by esteemed professors, focusing on variant topics from the management of acute coronary syndromes (ACS), to the approach to chronic heart failure, different types of arrhythmias, and finally cardiogenic shock. These sessions not only deepened my theoretical knowledge but also provided practical insights into the management of complex cardiac conditions, that I did not before have much of knowledge on.



The pinnacle of this educational endeavor was the final day, where we were granted an exclusive tour of the bustling cardiology unit. Walking through the corridors filled with the hum of activity, I witnessed healthcare professionals working diligently to provide the highest standard of care to their patients.

The highlight of the day was the opportunity to interact directly with patients, immersing myself in their stories and struggles. Participating in morning rounds, I observed the process of history taking, comprehensive physical examinations, and in-depth discussions on management plans with the patients. More, we witnessed the integration of technology into patient care, including bedside electrocardiograms (EKGs) and echocardiograms, which thereby underscored the hospital's commitment to delivering cutting-edge healthcare services.



The exposure to a different healthcare system in Genoa not only broadened my clinical knowledge but also sharpened my skills as a medical professional. Engaging with patients in a diverse cultural setting enabled me to appreciate the universal language of compassion and empathy that transcends geographical boundaries. It was an important reminder of the profound impact that healthcare providers have on the lives of their patients, underscoring the responsibility we carry as caretakers of health and well-being.

I am profoundly grateful for the invaluable opportunity to partake in this transformative workshop and hospital visit. My heartfelt thanks go out to the Erasmus committee and **Dr. Mosad Zineldin** for his unwavering support and dedication in facilitating this enriching experience. The knowledge gained, the

relationships forged, and the memories created during these three days will forever shape my professional trajectory and instill in me a deeper commitment to excellence in healthcare practice.

In conclusion, I believe that there should be more of such organized workshops for medical professionals all over, to focus on what may be addressed as points of weaknesses by doing exams or spreading surveys.

Some of workshop topics that I think are of great common benefit to all are digging deeper into the interpretation of EKGs, learning to do and analyze an echocardiogram and perfecting ACS management.



I'm writing to thank Dr. Mosaad Zineldin and Erasmus for a unique opportunity, visiting the Cardiology Department at San Martino Hospital – Genova ITALY.

**Dr. Huneida Hamzeh, Bariatric Surgery Fellow  
Beirut Arab University- Beirut, Lebanon.**

We visited the hospital for 4 consecutive days.

We had the opportunity to meet pioneers of Cardiology from Italy, they gave us several academical lectures which were rich in information that we can't find elsewhere.

There was also a group of Egyptian Professors and fellows in Cardiology which also shared their knowledge with us in clinical experience and lectures.

On the last day we had the chance to do a clinical round in the cardiology ward, checking on patients and observing Ultrasounds, Physical examination, OCTs and other investigations.

I would also like to thank the professors, fellows, residents and interns in the Cardiology Department at San Martino Hospital, they were very helpful, friendly and welcoming.